

# Fortini Multi Fibre

A ready-to-use, high energy, nutritionally complete, fibre enriched oral supplement for children 1-12 years. Contains 300kcal and 6.8g protein per 200ml bottle.

## Features

- Suitable as a sole source of nutrition or as a nutritional supplement in children aged 1-12 years
- A higher percentage of fat, a lower percentage of protein and less fibre and iron compared to an adult supplement to cater specifically for the needs of children
- Fibre enriched, MF6 fibre blend\*, 3.0g per bottle, to help maintain normal bowel function
- Added carotenoids reflecting general health recommendations for their antioxidant properties and positive effect on immune function
- Available in 3 flavours
- User friendly, easy to hold plastic bottle with straw attached
- Convenient resealable cap enables mess-free pouring

## Indications

For the dietary management of:

- Disease related malnutrition in children
- Patients with high energy and protein requirements
- Growth failure
- Constipation or diarrhoea

## Important Notice

- Not suitable for patients with galactosaemia
- Not suitable for infants under 1 year of age
- Not suitable for patients requiring a fibre free diet

## Directions for Use

- Shake well before use
- Best served chilled
- Due to fibre content, avoid high intake (>4 bottles/day) in children under 2 years
- Usage to be determined by a healthcare professional

## Storage

- Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused content after 24 hours



## Ordering Information

- To order contact Nutricia Customer Care 1800 889 480

Fortini Multi Fibre	Presentation	Code	Units per carton
Vanilla	200ml bottle	59420	24
Chocolate	200ml bottle	59512	24
Banana	200ml bottle	59511	24

## Ingredients

**Fortini Multi Fibre Vanilla:** Water, maltodextrin, glucose syrup, vegetable oils (rapeseed oil, sunflower oil), milk proteins (sodium caseinate), sugar, dietary fibres (soy polysaccharides, inulin, oligofructose, resistant starch, arabic gum, cellulose), emulsifier (soy lecithin), potassium citrate, tri calcium phosphate, magnesium chloride, flavour (vanilla) (contains milk), di potassium hydrogen phosphate, calcium chloride, choline chloride, carotenoids ((contains soy)  $\beta$ -carotene, lutein, lycopene), sodium L-ascorbate, potassium chloride, potassium hydroxide, taurine, ferrous lactate, zinc sulphate, L-carnitine, nicotinamide, copper gluconate, retinyl acetate, sodium selenite, manganese sulphate, cholecalciferol, D-biotin, calcium D-pantothenate, DL- $\alpha$  tocopheryl acetate, thiamin hydrochloride, chromium chloride, riboflavin, pyridoxine hydrochloride, pteroylmonoglutamic acid, sodium fluoride, potassium iodide, sodium molybdate, cyanocobalamin, phytomenadione



\*MF6 is a unique, patented blend of six soluble and insoluble fibres (soy polysaccharide, cellulose, resistant starch, gum arabic, oligofructose and inulin) reflecting the proportions of the different fibre types in a healthy diet.

A food for special medical purposes; to be used under strict medical supervision.

For more information call the  
Nutricia Clinical Care Line 1800 060 051

**NUTRICIA**  
Advanced Medical Nutrition

# Fortini Multi Fibre

choc = chocolate

Nutrition Information		Per 100ml	Per serve*
Energy	kcal	153	306
	kJ	640	1280
Protein	g	3.3 (9%E)	6.6
Casein	g	3.3	6.6
Carbohydrate	g	18.8 (49%E)	37.6
Sugars	g	7.4	14.8
as Lactose	g	<0.025	<0.05
Fat	g	6.8 (40%E)	13.6
Saturates	g	0.7	1.4
Monounsaturates	g	4.1	8.2
Polyunsaturates	g	2	4
$\omega 6 / \omega 3$ ratio		5:1	5:1
Fibre	g	1.5 (2% E)	3.0
Soluble:Insoluble	g	60:40	60:40
Water	ml	77	154

Minerals		Per 100ml	Per serve*
Sodium	mg	67 (65 choc)	134 (130 choc)
	mmol	2.9	5.8
Potassium	mg	140 (153 choc)	280 (306 choc)
	mmol	3.6	7.2
Calcium	mg	84	168
Phosphorus	mg	75	150
Magnesium	mg	17	34
Chloride	mg	100 (92 choc)	200 (184 choc)
Ca:P ratio		1.1:1	1.1:1

\*Serve size: 200ml

Vitamins		Per 100ml	Per serve*
Vitamin A	$\mu\text{g-RE}$	61	122
Vitamin D	$\mu\text{g}$	1.5	3.0
Vitamin E	mg- $\alpha$ -T.E.	1.9	3.8
Vitamin K	$\mu\text{g}$	6	12
Vitamin C	mg	15	30
Thiamin	mg	0.23	0.46
Riboflavin	mg	0.24	0.48
Niacin	mg NE	1.7	3.4
Vitamin B6	mg	0.18	0.36
Vitamin B12	$\mu\text{g}$	0.26	0.52
Folic Acid	$\mu\text{g}$	23	46
Pantothenic Acid	mg	0.5	1.0
Biotin	$\mu\text{g}$	6	12

Trace Elements		Per 100mL	Per serve*
Iron	mg	1.5	3.0
Zinc	mg	1.5	3.0
Manganese	mg	0.23	0.46
Copper	$\mu\text{g}$	135	270
Iodine	$\mu\text{g}$	15	30
Molybdenum	$\mu\text{g}$	6	12
Selenium	$\mu\text{g}$	4.5	9.0
Chromium	$\mu\text{g}$	5.3 (9 choc)	10.6 (18 choc)
Fluoride	mg	0.11	0.22



Other		Per 100ml	Per serve*
Carotenoids	mg	0.15	0.3
Choline	mg	30	60
Carnitine	mg	3	6
Taurine	mg	11	22
Osmolality	mOsmol/kg H <sub>2</sub> O	570	570